

# Skövde Konståkningsklubb



## Skövde Figure Skating Club invites you to Startup Camp

### From Monday, August 5th to Friday, August 9th, 2024

Skövde Figure Skating Club is organizing a day camp for skaters at all levels - from beginners to elite skaters. The on-ice training takes place at Billingehov Ice Rink, and off-ice training occurs indoors in the spaces within A-hallen. Training is conducted between 8:00 AM and 4:00 PM. Distribution and times are spread throughout the day based on the number of groups and skaters.

### **Practice:**

We have tailored options for skaters at different levels:

For National Series and A-level skaters, Monday to Friday.	Ice training 3 x 50 minutes per day.	Dance, Ballet, Stretching 10 x 50 minutes.	2200 SEK for SKK skaters, 2600 SEK for guest skaters.
For B-level skaters, Monday to Friday.	Ice training 3 x 50 minutes per day.	Dance, Ballet, Stretching 5 x 50 minutes.	2000 SEK for SKK skaters, 2200 SEK for guest skaters.
For C-level skaters, Monday to Friday.	Ice training 3 x 50 minutes per day.	Physical training, Ballet, Stretching 5 x 50 minutes.	1800 SEK for SKK skaters, 2000 SEK for guest skaters.
For new beginners Monday to Friday	Ice training 1 x 50 minutes per day.	Physical training, Ballet, Stretching 1 x 50 minutes.	1200 SEK for SKK skaters, 1400 SEK for guest skaters.
For recreational and adult skaters, Monday to Thursday.	Ice training 1 x 50 minutes per day.		1000 SEK for SKK skaters, 1200 SEK for guest skaters.

<sup>\*</sup>Skövde KK reserves the right to adjust the length of the ice sessions based on the number of groups.



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#### Coaches:

<u>Anna Rechnio</u> is the head coach at Skövde KK. Anna has an extensive background as a competitive skater. She has competed in the Olympics for Poland twice and multiple times in the European and World Championships, achieving a fifth-place finish as her best result. She is also a three-time Polish national champion. Anna also has a solid coaching background in Poland, Denmark, Stockholm, and now at Skövde KK.



<u>Aleksandr Höglind</u> is a ballet instructor and choreographer. He holds a degree from the Vaganova Ballet Academy and a master's degree in choreography. He has worked with several figure skating clubs in Stockholm.



<u>Stanislava Pozilenkova</u> is a coach at SKK. Hailing from Latvia, were she has worked for several years as a coach.

### **Registration:**

Registration is done via a dedicated web form directly on our website <u>Uppstartläger 2024 | Skövde Konståkningsklubb (skovdekk.se)</u>.

The registration must be received no later than Friday, July 27th, 2024. Please indicate the test level (specify untested if no test is available). Skaters will be placed in groups according to their skills. Group assignments will be communicated no later than August 1st on Skövde KK's website (www.skovdekk.se/arrangemang). In case of a large number of registrations, spots will be allocated based on the timing of payment first and the timing of registration second. The principle applied is "first come, first served".

#### Camp Fee:

The full training fee must be paid no later than July 31st, 2024, to BG 5812-0098 or via Swish 123 552 78 33 (Skövde Figure Skating Club). Failure to pay the fee will result in the participant not being allocated a spot at the camp. Late registrations will incur a charge of 500 SEK. Cancellations after April 27th will also incur a charge of 500 SEK. Please don't forget to specify your name and club on the payment. For any questions, contact Emil Olsson via email at ordforande@skovdekk.se.



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#### **General Information:**

For accommodation, you can visit Billingens Stugby for affordable lodging at <a href="https://www.billingensstugby.se">www.billingensstugby.se</a>.

For off-ice training, skaters will need clothing and shoes for physical exercise.

Bring your own packed lunch if needed. Skaters with sessions before and after lunch are recommended to bring a more substantial meal. Seating is available at Billingehov's cafeteria, and a microwave is available near the changing rooms. There will be no parent present, so please ensure your child is taken care of during the camp.

By registering and participating, skaters certify that they have consented to their personal information being recorded in the organizer's database and that, within the scope of the event, regardless of media format, the organizer may disclose their name and, if applicable, images taken at the event. (For skaters who wish to be exempted from this, please specify and send a separate email to the address above.)

Warmly welcome, Skövde Konståkningsklubb