



Skövde Figure Skating Club invites you to

Mini Camp January 3-5 with Yebin Mok

In cooperation with

From Friday, January 3 to Sunday, January 5, 2025 Take the opportunity to participate in a camp with the internationally renowned coach and choreographer Yebin Mok and Skövde Figure Skating Club's head coach Anna Rechnio. On-ice training will take place at Billingehov Ice Rink, and off-ice training will be held indoors in the A-hall areas.

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"To bring knowledge and inspiration on skating skills with proper body alignment and technique with music connection. Providing on and off-ice classes for use of dynamic body movement to create more engaging skaters through off-ice classes" Yebin Mok Isträningen sker i Billingehovs ishall och off-ice träningen sker inomhus på ytorna i A-hallen.

Coaches:

Yebin Mok Figure Skating coach and choreographer

As a competitive skater, she was a member of the U.S. national team and later had a professional career, performing in several world-famous ice shows. Today, she is a renowned choreographer who has worked with the national teams of both the USA and South Korea. Follow at Instagram: @yebinmok







Anna Rechnio Headcoach Skövde KK.

Anna has a solid background as a competitive skater. She has competed in the Olympics for Poland twice and multiple times in the European and World Championships, with a fifth-place finish as her best result. She is also a three-time Polish national champion.



Training:

For Nationell serie and A-skaters Friday to Sunday	On-ice training: 3 sessions of 50 minutes each per day	Off-ice training: 3 sessions of 50 minutes each on Friday to Sunday	1400 SEK for SKK skaters 2000 SEK for guest skaters
For B-skaters Friday to Sunday	On-ice training: 3 sessions of 50 minutes each per day	Off-ice training: 3 sessions of 50 minutes each on Friday to Sunday	1400 SEK for SKK skaters 2000 SEK for guest skaters
For coaches Friday to Sunday	Full access to all ice sessions.	Full access to all off ice sessions.	500 SEK for coaches

Registration:

Registration opens in week 46 via SKK's website: <u>Skövde Konståkningsklubb (skovdekk.se)</u> Please note that there are limited spots available for the camp, so make sure to register early to secure your place





Fee:

The full training fee must be paid by December 15, 2024, either via bank transfer to BG 5812-0098 or via Swish to 123 552 78 33 (Skövde Figure Skating Club). Failure to pay the fee will result in the forfeiture of your spot in the training sessions.

Late registration will incur a fee of 500 SEK.

- Cost: 1400 SEK for SKK skaters and 2000 SEK for guest skaters and 500 SEK for coaches.
- Please remember to include your name and club on the payment.

Every skater will get a welcome gift from Loopsport.

For any questions, please contact Emil Olsson via email.ordforande@skovdekk.se

Information:

For accommodation near the ice rink, visit Hotell Skövde med Restaurang & Konferens | Karstorp Säteri

For off-ice training, skaters need to bring appropriate clothing and shoes for physical training.

Bring your own packed meal if needed. Skaters with sessions before and after lunch are advised to bring a more substantial lunch box. There is seating available at Billingehov's cafeteria, and a microwave is located near the locker rooms. There will not be a parent present on-site, so you are responsible for your own child during the training sessions.

Warm welcome!

Skövde Konståkningsklubb